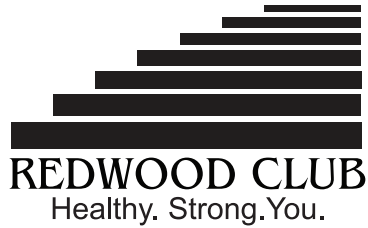




719 Southpoint Blvd
 Petaluma, CA 94954
 (707) 778-8788
 www.theredwoodclubpetaluma.com



June 2017 Schedule



Club Hours
 Mon-Thurs 5:00am-10:00pm
 Fri 5:00am-8:30pm
 Sat-Sun 6:30am-7:00pm

TRCFit Schedule

MON	TUE	WED	THU	FRI	SAT	SUN
5:30am Afterburn TRC Fit (\$)	5:30am Shockwave TRC Fit (\$)	5:30am Industrial Strength TRC Fit (\$)	5:30am Foundations TRC Fit (\$)	5:30am Shockwave Circuit TRC Fit (\$)		
6:00pm Spin Circuit TRC Fit (\$)	6:00pm Sports Conditioning TRC Fit (\$)	6:00pm Shockwave TRC Fit (\$)	6:00pm Industrial Strength TRC Fit (\$)			