



719 Southpoint Blvd
 Petaluma, CA 94954
 (707) 778-8788
www.theredwoodclubpetaluma.com



Club Hours
 Mon-Thurs 5:00am-10:00pm
 Fri 5:00am-8:30pm
 Sat-Sun 6:30am-7:00pm

HIIT Camp Schedule January 2019

MON	TUE	WED	THU	FRI	SAT	SUN
	6:30-7:20am HIIT Camp (\$)		6:30-7:20am HIIT Camp (\$)			
7:00-7:50pm HIIT Camp (\$)		7:00-7:50pm HIIT Camp (\$)				